

***Teachings from the Mystery School***  
***The Maitreya Discourses***  
**Chapter 10: “The Lord of the World’s Path of the Six-Pointed Star”**  
**Given by Lord Maitreya on January 1, 1986**  
**Part 2: Discussion and Reflection**

**Dictation Summary**

In this dictation, Lord Maitreya gives an overview of some of the key tests all students in Maitreya’s Mystery School can expect to face. He maps out these tests on a fourteen-year cycle of initiation under him. He offers insight as to when this cycle begins for each disciple and how a student in the Mystery School can anticipate and pass these tests.

**Core Concept**

There is a fourteen-year cycle that all disciples in the Mystery School must pass through. The charting of the cycle is individual for each disciple. Along the way, the disciple will face key tests, including the confrontation with Lord Maitreya and with their own dweller-on-the-threshold. By studying the instructions given in this dictation, a disciple has a better opportunity to anticipate, identify and pass these difficult tests. According to Lord Maitreya, the goal of this cycle is “to come to the place where the threefold flame is developed enough here below that indeed, with or without the filigree thread from the heart of Gautama Buddha, he is able to sustain life and soul and consciousness and the initiatic path” (p. 152).

**Group Discussion Questions**

1. Review the fourteen-year cycles of initiation under Lord Maitreya summarized in the diagram on p. 16 of the Part 1 Study Guide.
  - a. Clarify any points about the cycles of testing that were confusing for your group.





5. How has the study of this chapter changed or deepened your understanding of what it means to be a part of Maitreya's Mystery School?

## Personal Reflection Exercises

1. In this chapter, Maitreya states the goal of the spiritual path and of walking fourteen-year cycles of initiation with him:

*Now, the goal of the Path must clearly be seen. It is reunion with God. It is the becoming of the Great God Self and the dissolution of the lesser self. If the individual has entered the Path without this desire but rather to attain a certain comfort and aura for the human self and the lower self, it will literally balk when it comes to the point of having to shed the self for which all the while it has sought the glory.*

(p. 141)

Reflect on the reason why you began to walk the spiritual path. What was your goal at that time? Has your goal changed since your journey began? Based on what you have learned in this chapter, do you need to adjust your goal? Record your insights in the space below.

2. Maitreya’s fourteen-year cycles help us develop the threefold flame. However, Maitreya points out that some students have a condition characterized as a diminished threefold flame. He explains that this condition can be a major obstacle in passing through the fourteen-year cycles:

*So you see, beloved, there is the necessity of the trust and reliance upon the light to let go and know that in letting go one will not lose but gain. This has been said before. But it is said again because individuals in this community are yet passing through this experience with truly no desire to let go of that over-self-concern that is the sign, sure enough, of a diminished threefold flame—one that has gone below the level of sufficiency to sustain a calm confidence in oneself as a disciple moving toward the Sun and a calm confidence that the threefold flame of Gautama Buddha, the God and Goddess Meru, and Helios and Vesta will be the sufficiency in the hour of the dark night of the soul and the soul’s testing.*

(pp. 141-142)

To help you reflect on if this condition of the diminished threefold flame exists in your own life, complete the following rating exercises and questions.

First, rate yourself on the “fear and anxiety” questions below.

- a. How often are you experiencing a sense of general anxiety about your life, and/or fear for the future or fear for the difficulties that life may send your way?

Never	Rarely	Off and on	Quite often	All the time
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- b. How about engaging in excessive planning for every eventuality?

Never	Rarely	Off and on	Quite often	All the time
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- c. How would you rate the frequency of experiencing or indulging in self-over-concern?

Never	Rarely	Off and on	Quite often	All the time
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Now, rate yourself on the “calm confidence” questions below.

- a. How often, on average, would you say you experience a sense of calm confidence on the path?

Never	Rarely	Off and on	Quite often	All the time
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- b. How are you doing with calmly and consistently asking for help from your Christ Self, your I AM Presence or the ascended hosts as you navigate life's challenges?

Never	Rarely	Off and on	Quite often	All the time
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What do your answers tell you about the state of your threefold flame?

3. To conclude your studies and reflection on Chapter 10, write a letter to Lord Maitreya about how you feel you are doing in your fourteen-year cycle(s). You may want to ask him for guidance and help with your next step on the cycle or share anything with him that is on your heart.