

Teachings from the Mystery School
The Maitreya Discourses
Chapter 11: Self-Determination in the Real Self
Given by Lord Maitreya on January 1, 1986

Dictation Summary

This short dictation by Lord Maitreya was the concluding address of the five-day New Year's conference, *Teachings from the Mystery School*. (The dictation in Chapter 10 was given earlier in the day.) Lord Maitreya comes in this dictation to transfer to those present an initiation of the sacred fire. Prior to this blessing, he gives some reminders about the teachings he presented during the conference.

Core Concept

In this dictation, Lord Maitreya tells us, "Beloved, I am taking you up the mountain as swiftly as you choose to run. I am taking you to the place where you desire to be..." (p. 162). His reminders in this dictation are keys to assist us in the journey up the mountain to become our Real Self.

Group Discussion Questions

1. Early in the dictation, Maitreya states: "A step backward from civilization is needed" (p. 161). What does he mean? What does this step backward look like in daily life and in community?

2. Towards the end of the dictation, Maitreya says:

Beloved ones, look to those closest to you and look to the planet as a whole. Be a lover of souls, trusting and compassionate. But never trust the force that attacks the souls whom you love. For those whom you love may be under the greatest attack designed by the sinister force in order that they might become the instrument of moving against yourself.

(p. 163)

Discuss the meaning of Maitreya's statement. How does a disciple of Maitreya balance being a trusting and compassionate lover of souls with never trusting the force that attacks the souls you love?

3. Reflect on the requirements for chelaship in the Mystery School that Maitreya has presented in Chapters 9-11.

a. How can disciples of Maitreya support each other in upholding these requirements?

b. What are some strategies for avoiding criticism, condemnation, and judgment of fellow disciples on the Path?

c. How would you describe some of the requirements for chelaship in the Mystery School to a new Keeper of the Flame who asked about them? What would be the overarching message that you would want to convey?

4. At the end of the dictation, Maitreya makes this promise: “I shall never fail to answer your call” (p. 164). Discuss this promise from the Great Initiator. What, if anything, could get in the way of us making the call to Lord Maitreya? Without the messenger in embodiment, what could Maitreya’s answers to our calls look like? What can we do to remind ourselves and each other of Maitreya’s promise?

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Concluding Section 2

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Congratulations on completing the study questions for Chapters 8-11 of *The Maitreya's Discourses*! At this point you have learned a lot about what it means to be a disciple on the Path in Maitreya's Mystery School. Before moving on to Section 3, take some time to review your study question notes and personal reflection exercises. Ask yourself, "How has my understanding of walking the Path in Maitreya's Mystery School deepened through studying this section?"

Suggested Break for Groups

If you are completing these study questions in a group, this would be a good point to pause and take a break for a week or two before moving on to a study of Chapter 12 in Section 3.

Your Examples of Tests and Challenges in the Mystery School

The Summit Lighthouse would like to gather personal examples of the tests and challenges one can face in Maitreya's Mystery School. The collection of stories will be done via an online form. Your story may help others studying *The Maitreya Discourses* to better understand and pass their tests on the spiritual path.

Your story will be treated with the greatest confidentiality and respect. At the end of the form, you can indicate whether you are willing to share your story anonymously or with your initials added.

If your story involves other people, please make sure you have their permission to share it before mentioning them by name. If you don't have this permission, please only use initials or use descriptors such as "my friend," "the merchant," or "the young waiter who took my order."

To submit your story, please fill out the online form here:

<https://summituniversity.org/MaitreyaBookExample>