

Teachings from the Mystery School
The Maitreya Discourses
Chapter 17: “The Re-Creation of Self”
Given by Mother Mary on August 14, 1989
Part 2: Discussion and Reflection

Dictation Summary

In this chapter, Mother Mary first explains that we are called to apply for chelaship under the Lord of the World. Then she offers instruction for students engaged in more advanced tests and challenges in Maitreya’s Mystery School. She gives an important teaching on the difference between psychological problems and spiritual problems, which is critical to engaging in the process of the re-creation of self. Throughout the chapter we learn what it means to engage in this process and how to overcome some of the hurdles we will face as we seek to re-create ourselves.

Core Concept

In this chapter, Mother Mary encourages us to *engage* in the process of the re-creation of self, which involves facing and going after the dweller-on-the-threshold. Many things, including our own psychology, can cause us to want to dodge the dweller and not face it. Mother Mary explains that we must mesh the gears of our Christ Self with the gears of our lower self so that the deeper issues of our being, i.e. the components of the dweller, will come to the surface for resolution, and then to go after these problems with our whole being, while maintaining a balanced and steady approach to our spiritual path.

Group Discussion Questions

1. In this chapter, Mother Mary explains the difference between a psychological problem and a spiritual problem, citing several examples of psychological problems that require both spiritual and psychological work for resolution. Review the difference between these two types of problems and the various approaches to resolution one can take. Then discuss how might you explain this concept of a psychological versus a spiritual problem to a newer Keeper of the Flame in your community who was beginning to accelerate on his or her path?

2. In this chapter, Mother Mary states:

Thus, I say to you, engage. And this is truly the topic of my discourse with you this evening—to allow oneself to engage in the process of the re-creation of self, not to turn one’s back when one sees the dweller, not to make the decision to abide that dweller and to allow it to be as it is, but to go after it with the fierceness of a she-lion.

(p. 246)

Given what you have come to understand about the process of the re-creation of self, discuss what *engaging* in this process looks like in the daily life of a chela. What things might happen to a chela engaged in this process? What are some of the tools at a chela’s disposal for dealing with the situations that arise as a result of engaging? What are pitfalls a chela might face and how might he or she overcome them?

3. In this chapter we also learn about the role and importance of the spiritual community in the process of the re-creation of self. For instance, Mother Mary explains:

The solution to the problem [of the soul being tempted to go back to the former self and therefore lose the ground that has been gained] has been provided by Lord Maitreya in establishing the Mystery School. Lord Maitreya teaches that the Mystery School is for lifetime students, career students and career sons of God. One cannot afford to be outside of the Guru-chela relationship when one is on a path of acceleration. And when does wish to leap forward beyond the current levels of self-mastery, one needs all the more the reinforcement of community.

Community does hold the hand of the disciple, does provide the love bond, does provide the care and the reinforcement. Yet community can never be a substitute for self-effort or for the engaging in that inner walk with God and in the mighty work of the ages. One must have a straight spine and courage and determination to remain within the community and the Mystery School and to keep up that striving daily. Striving itself is creative tension and it, too, must be balanced.

(pp. 238-239)

As a group, reflect on what you have learned from Mother Mary about the importance of spiritual community in this chapter. Then consider the nature of your unique spiritual community. How well do you believe your community reinforces the growth and protection of souls engaged in the re-creation of self in Maitreya's Mystery School? What, if anything, could the members of your community do to more fully embrace and support chelas of the Mystery School as they walk the path?

Personal Reflection Exercise

To conclude your study of Chapter 17, reflect on what next step(s) you feel called to take to engage in the process of re-creating yourself in the image of your Higher Self. You may want to pray to Mother Mary for guidance--perhaps through giving a novena to her—and journaling in the space below about the points from this chapter that were meaningful for you.