

Teachings from the Mystery School
The Maitreya Discourses
Chapter 20: “To Restore the Christhood of America”
Given by Lord Maitreya on July 4, 1992

Dictation Summary

In this chapter, Lord Maitreya comes to restore America—the I AM Race—to their Christhood. He gives specific directions for how this can be accomplished and reminds us that there are forces of darkness working against those striving to achieve their Christhood. He also gives us keys for overcoming these forces of darkness. Finally, he asks for our help in tackling some of the critical factors preventing lightbearers and nations from manifesting greater Christhood.

Core Concept

A core concept in this chapter is that Maitreya calls us to rise to the level of our Christhood, something he says that we can do. At the beginning of this chapter, Maitreya states: “I AM Maitreya. And I come to restore the Christhood of America!” (p. 291). He repeats this statement several times through the chapter and gives us important keys for how we can rise to and remain at the level of our Christhood.

Group Discussion Question

In this chapter, Lord Maitreya gives us many directions. For example, he admonishes us to give Padma Sambhava’s mantra daily (see p. 292) and to sing “Keep My Flame Blazing!” (see p. 293). He also directs us to go after the false hierarchies perpetuating rock and dissonant music and abortion (see pp. 297 303-304). Using the table below, make a list in the left column of each direction that Maitreya gives us. In the right-hand column, give a reason why we are asked to follow each direction. In other words, what could we accomplish or become by following each direction?

Direction from Lord Maitreya	Why We Are Asked to Follow This Direction

Direction from Lord Maitreya	Why We Are Asked to Follow This Direction

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Personal Reflection Exercise

Now that you have made a thorough study of the directions Lord Maitreya gives us in Chapter 20, reflect on which direction(s) would be most meaningful for you to follow at this point in your spiritual walk in the Mystery School. Journal about this in the space below. Then consider how you can commit to following these direction(s) in a practical way in your daily life.