

Teachings from the Mystery School
The Maitreya Discourses
Chapter 22: "Maitreya's Mystery School: A Bold Adventure"
Given by beloved Lanello on March 6, 1994

Dictation Summary

In this chapter 22, we find an important message from the ascended master Lanello. In his final embodiment, Lanello was Mark L. Prophet, the founder of The Summit Lighthouse. He made his ascension in 1973 and became known as the "Ever-Present Guru" because of the special closeness his chelas feel with him. In this chapter, Lanello reminds us of several keys to walking the spiritual path in the Mystery School, including the role of karma balancing and the need to maintain a strong connection with one's Holy Christ Self.

Core Concept

Lanello states the core concept of the chapter as follows: "Blessed ones, that is the crux of my message. When you fall beneath a certain standard, then you literally drop out of the web of light, the antahkarana, which is your cosmic tie to the community of the Great White Brotherhood, worlds without end. There is a sustaining light and a sustaining presence that keeps you one with our bands, and here below that light and presence must be sustained by you." (pp. 327-328)

We learn in this chapter that maintaining our tie with our Higher Self and the Great White Brotherhood is possible, but requires effort. Lanello gives us several tools and keys for fostering and strengthening this tie.

Group Discussion Questions

1. In this chapter, Lanello gives an important teaching about how our Holy Christ Self works in our lives when we choose to walk the spiritual path in Maitreya's Mystery School. He says:

Now then, beloved, the violet flame intertwined with the ruby ray is a rod, and this rod is a stirring stick. And so when you reach a level where all is peaceful, your life is in order, you are in control, you have a certain level of happiness, you enjoy your work and there are not too many problems except those which the idle mind can conceive of and create out of nothing, along comes your Holy Christ Self and stirs up the fires and the ashes on the grate.

So into your electronic belt comes that stirring stick, the rod of the ruby ray, to turn over the wet leaves smoldering at the bottom of the pile. And your Holy Christ Self says, "It's time to bestir yourself, for I perceive that you need a new fire and a new kindling."

(p. 323)

2. In this chapter, Lanello also speaks about standards that help us sustain our tie to the Great White Brotherhood:

Blessed ones, that is the crux of my message. When you fall beneath a certain standard, then you literally drop out of the web of light, the antahkarana, which is your cosmic tie to the community of the Great White Brotherhood, worlds without end. There is a sustaining light and a sustaining presence that keeps you one with our bands, and here below that light and presence must be sustained by you.

Who else can sustain it? God will not win your victory for you and thereby make of you an eternal robot. No, you must sustain that level of contact with your Holy Christ Self and that light that is necessary and sufficient to support the restoration of your soul to oneness with that Christ. This is part of your work—the work that is your dharma.

(pp. 327-328)

Discuss what Lanello means by “a certain standard.” What types of things cause us to drop below this standard? What can we do to sustain this standard?

Later in the chapter, Lanello states:

You cannot measure anyone, beloved. Some have come into embodiment very close to their ascension. They may not have needs that others have. Let all respect one another’s dharma.

(p. 333)

If we truly cannot measure anyone, as Lanello says, what are some ways we can support and encourage each other to keep the standards of the Mystery School community? What might be some pitfalls to avoid as we try to support each other?

Personal Reflection Exercise

Throughout this chapter, Lanello encourages us to take time apart from the world and connect to our Christ Self on a regular basis. Following is a passage that addresses this:

The safest and most wonderful guarantee that you have of being God-centered is this altar of the Holy Grail—and its extensions that you have created in your centers and homes throughout the world. Coming to this altar daily, even if your workload is heavy, entering here and kneeling for fifteen minutes midst a busy schedule, reconnects you to the flame of the ark of the covenant that burns brightly on the altar at the etheric level.

That flame reinforces your threefold flame, reinforces the God-dominion of your Christhood within you and protects you from straying too far from the center of life whereby you find yourselves frustrated on the periphery, your frustration then leading to annoyance and annoyance leading to anger and anger leading to an out-of-control state of consciousness.

(p. 322)

Use the space below to reflect on Lanello's words and on your current spiritual practices. Do you feel that your spiritual work keeps you connected to your Christ Self or is it perhaps time for an adjustment to your routine? What changes, if any, would you like to make to your regular spiritual practices, given your current life situation?

Optional Personal Reflection Exercise

In this chapter, Lanello emphasizes the importance of keeping our connection to our Holy Christ Self. At one point, he states:

And I tell you, beloved, some of you do not yet distinguish between your own dweller-on-the-threshold, your ego, and the reality of who you are in your Christhood. Unless you are able to separate the unreality of your tyrant-ego dweller from your reality in Christ, you will be in defense of that dweller, thinking that it is your identity. And you will justify yourselves, whether it be through pride or argument or anger or the sense that someone has insulted you.

You will justify yourselves or your actions because you think, "This is me being threatened, being insulted." But, beloved, it is your dweller-on-the-threshold that is insulting the real you! And it is you who insult Maitreya by not binding that dweller!

(pp. 324-324)

Our ability to distinguish between the voice of our Holy Christ Self and the voice of the dweller is critical to our success in the Mystery School. Take some time to reflect on how well you discern between these two voices. (See the Chapter 6 Part 2 Personal Reflection Exercise for a structured exercise that will help you do this over the period of a week.) The following teachings on Discerning the Inner Voice and El Morya's Dispensation for Capping the Dweller will assist you in your reflection.

Discerning the Inner Voice

Elizabeth Clare Prophet, Summit University Lecture, March 21, 1979

Learning to discern the inner voice is a process. It takes practice and experience. We can accelerate our learning if we do it consciously and are aware of our successes and failures. Here are some steps that may help you in this:

1. At the end of your day, take out your journal and write down any occasions when you heard an inner voice speak to you. When did it happen? Where were you at the time? Where were your thoughts at the time? How did the voice come to you?
2. What was the direction you received? Was it consistent with the teachings of the masters? Was it practical? What was the vibration of the communication? How did you feel about it at the time?
3. Did you follow the direction? Why did you follow it or decide not to?
4. What happened as a result?

5. What did you learn from this experience? Was this communication from the masters or your Higher Self, or was it from your human self or another source?
6. What would you do differently next time?

Here is another key from Mrs. Prophet on listening to the inner voice: "Do you listen to the direction of your Christ Self? Are you obedient to the voice within, or are you always arguing back and saying, 'This is more logical,' and so are you in that little sense of a slight bit of friction with your inner being or your inner voice? When you have that, you see, you haven't passed your tests of attunement or obedience, so your light is correspondingly limited."

El Morya's Dispensation for Binding and Capping the Dweller

On June 8, 1983 Mrs. Prophet shared the following dispensation from the ascended master El Morya:

If you will give decree 20.09, "I Cast out the Dweller," three times every twenty-four hours and call for the binding of the anti-Guru, anti-chela, anti-Holy Christ Self, anti-Father, anti-Mother, anti-Son and anti-Holy Spirit, (Name anything else you want to name such as, hatred and anger of the Guru and the chela)...

El Morya says if you will do that once in twenty-four hours, he will bind and cap that dweller for that twenty-four hour period, and it will be as though it doesn't exist. It will not be able to be a focal point for the antichrist of the planet to anchor through you. Now that's a tremendous dispensation and that shows the sponsorship of El Morya as the Guru. El Morya is doing that very thing for you by his attainment and authority of his love of the Guru, the Universal Presence of God as Guru, and his love of you and respect of your office of chela.

Elizabeth Clare Prophet, "Teaching on the Dweller," June 8, 1983

The following call can be used before giving decree 20.09 "I Cast Out the Dweller-on-the-Threshold."

Call for the Binding and Capping of the Dweller

In the name of my mighty I AM Presence and Holy Christ Self, in the name of beloved El Morya, I call for the binding and casting out of the dweller on the threshold of the anti-Guru, anti-chela, anti-Holy Christ Self, anti-Father, anti-Mother, anti-Son and anti-Holy Spirit, and hatred and anger of the Guru [name anything else].