

Teachings from the Mystery School
The Maitreya Discourses
**Chapter 24: “Your Holy Christ Self Has a Unique Personality—
Command Him to Enter In to Your Life”**
Given by Beloved Lanello on February 26, 1997

Dictation Summary

The dictation published in Chapter 24 was given by the ascended master Lanello on the anniversary of his ascension. (Lanello ascended on February 26, 1973.) Lanello explains that he comes to us “with great and profound love” and to share with us what he has been doing since his ascension. (p. 346) He says, “What I have been doing, beloved, is to sow the seeds of Christ-magnificence in all lightbearers of this planet, this solar system and wherever my heart fires might reach across the galaxies. ... I have worked tirelessly in the service of the Great White Brotherhood, for I have desired to fulfill my reason for being that I might give you more and more of my causal body. Therefore on this occasion, I do give you more.” (p. 346) Lanello gives us important teachings and reminders about our Holy Christ Self throughout the chapter and encourages us to claim his mantle daily and to know him and his unique Holy Christ Self.

Core Concept

A core concept in this chapter is that “Each one’s Holy Christ Self is totally and utterly unique.” (p. 347) This statement has important implications for students in the Mystery School. We are not meant to be carbon copies of each other as we become the Christ. On the contrary, we are meant to be different from each other as we embrace the uniqueness of our own individualized Holy Christ Self. Lanello asks, “Are we not, then, unique molecules of light? And when we merge, do we not find that togetherness of the individual molecules that make up the universal Christ Presence?” (p. 348)

Group Discussion Questions

1. In this chapter, Lanello teaches us much about the Holy Christ Self. Review the chapter together and identify some of these key teachings. Then share with your group which teaching is the most helpful or meaningful for you and why.

2. In this chapter, Lanello asks us to claim his mantle:

Blessed ones, I am grateful to be with you on this day of the celebration of my ascension. I give to you my mantle as you are able to receive it. I ask you to claim my mantle daily. I ask you to know me and to know my Holy Christ Self, to know us as one and yet to also know me as an individual in Christ.

—p. 350

Discuss what it means to claim the mantle of Lanello or another ascended master. What benefits can we receive through claiming and receiving an ascended master mantle? Once we have claimed the mantle, what can we do to sustain the presence of the mantle with us? What, if anything, could we do to lose the mantle?

Personal Reflection Exercise

In previous chapters, we have learned the importance of developing and maintaining a relationship with our Holy Christ Self. In this final chapter of *The Maitreya Discourses*, Lanello says:

As I am seated here, I look at the endless highway. And this endless highway, beloved, leads to the throne of Alpha and Omega. You are building bridges to the Great Central Sun. You are building bridges to the sun of Helios and Vesta. Yes, you are building bridges to the heart of your Holy Christ Self.

This blessed disciplinarian keeps after you, for he knows what you must do in order to have your victory. Listen to that still small voice, for it is not so still or small at all. It sounds like thunder within the ear and indeed it is. For your Holy Christ Self is stern with you, compelling you to shed those substances not of the light and to enter into that sacred bonding that will never be undone, the bonding of your soul to your Holy Christ Self, the bonding whereby you shall gain immortality.

—pp. 350-351

Reflect on your relationship with your Holy Christ Self. Do you regularly hear and obey “the still small voice” within or is identifying this voice still a challenge for you? Using the space below, journal about your relationship with your Holy Christ Self and what, if anything, you would like to do to build and strengthen the bridge to the heart of “this blessed disciplinarian.” (You may wish to refer back to the teaching on “Discerning the Inner Voice” included in the study questions for Chapter 22.)

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Action Plan Addendum for *The Maitreya Discourses* Group Study

Introduction

Before concluding this group study, it is important to take some time to reflect on your most important learning and what you would like to do with this new knowledge and understanding. The following exercises will help you develop both a group and a personal action plan that you can implement over the next three months to help solidify your learning.

Group Action Plan Exercise

1. Share with your group the most important thing that you learned or were reminded of through *The Maitreya Discourses* study. Try to summarize this point in one or two short sentences.
2. Consider the points that you shared in step 1. Is there a common theme or are they all unique points?
3. Discuss as a group what you would like to *do* with what you have learned in this study and identify one goal you would like to work towards over the next 3 months. This goal could be related to what you have already discussed or be different. Just make sure your goal is practical and achievable within this period of time and something that everyone in the group can participate in.

Personal Action Plan Exercise

Before answering the questions below, journal about your experience with studying *The Maitreya Discourses*. What was the most important thing that you learned about: a) Lord Maitreya, b) the Mystery School, and c) yourself? How has your life changed while studying this book? What, if anything, would you like to be different in your life as a result of this study?

Having reflected on the above questions, list three actions you would like to take over the next 3 months to reinforce what you have learned and become through this study. Make sure your actions are practical and doable. If appropriate, you may want to add a due date for each action.

1.

2.

3.

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The Maitreya Discourses
Concluding the Study and What's Next?

Congratulations!

Congratulations on completing the study questions for Chapters 19-24 of *The Maitreya's Discourses*! Hopefully, you feel a great sense of accomplishment and victory for completing the entire study of *The Maitreya Discourses*. Be sure to take some time as a group to celebrate your accomplishment. Then keep reading for information about sharing your stories with us and how you can keep studying together as a group.

Your Examples of Tests and Challenges in the Mystery School

The Summit Lighthouse would like to gather personal examples of the tests and challenges one can face in Maitreya's Mystery School. The collection of stories will be done via an online form. Your story may help others studying *The Maitreya Discourses* to better understand and pass their tests on the spiritual path.

Your story will be treated with the greatest confidentiality and respect. At the end of the form, you can indicate whether you are willing to share your story anonymously or with your initials added.

If your story involves other people, please make sure you have their permission to share it before mentioning them by name. If you don't have this permission, please only use initials or use descriptors such as "my friend," "the merchant," or "the young waiter who took my order."

To submit your story, please fill out the online form here:

<https://summituniversity.org/MaitreyaBookExample>

Ready for Your Next Group Study?

Are you ready for your next group study? Then we have great news for you! This study on *The Maitreya Discourses* has been brought to you by Summit University, the educational arm of The Summit Lighthouse. Summit University has a variety of free and paid resources available for group study. Here are a few you may want to consider or contact us at info@SummitUniversity.org to inquire about other available group study options.

Free Book Studies

Summit University has two other free book studies available for *Studies of the Human Aura* by Kuthumi and *The Mandate of Victory* by Mark L. and Elizabeth Clare Prophet.

Book study: *The Mandate of Victory* Email Series

If you're looking for a way to replace annoying negatives in your life with something VICTORIOUS! then this should do the trick. Our free inspiring Victory Emails Series is a weekly study guide of 40 dictations from the Cosmic Being Victory, published in the book *The Mandate of Victory* (Summit University Press). When you sign up for the email series, you'll immediately get your first email that will include provocative study questions regarding the book's first chapter. Each week thereafter, you'll get another email with study questions for the book's next chapter.

Learn more here: <https://summituniversity.org/product/book-study-the-mandate-of-victory-email-series/>

Book Study: *Studies of the Human Aura* Email Series

The aura is the egg-shaped light emanation that exists around the human form. In Chapter 1 of his classic text *Studies of the Human Aura*, the ascended master Kuthumi explains what the aura is:

...the combined manifestation of body, soul, and mind creates around the spinal column and the medulla oblongata those emanations called by some the human aura and by others the magnetic forcefield of the body of man.

In his *Studies of the Human Aura*, Kuthumi places great emphasis on the need for us to understand, perfect, strengthen and expand the aura. Perfecting and mastering our aura is a critical process on the path of adeptship, since adeptship depends to a large degree on to mastering our four lower bodies, which are part of our auric forcefield.

In this free study, you will get access to 12 study lessons that walk you through the twelve chapters of *Studies of the Human Aura* and 12 practice lessons interspersed between the study lessons that offer exercises for practicing what Kuthumi teaches in his book.

Learn more here: <https://summituniversity.org/product/book-study-the-human-aura-email-series/>

Self-Study Courses

Taking a self-study course can be a great way for an individual student or a group to dive deeply into a spiritual topic. Summit University offers self-study courses on topics such as relationships, spiritual healing, and how to develop and strengthen your relationship with your Higher Self. Learn more and get started here: <https://summituniversity.org/self-study-courses/>

Seminars

Every year, Summit University hosts a wide range of seminars in locations throughout the world. These powerful, affordable weekend events and weeklong retreats give you the opportunity to spend quality time with yourself and with God, enabling you to explore the next step on your spiritual path. If you enjoyed *The Maitreya Discourses*, then we recommend you consider attending our seminar entitled "Maitreya On Meditation," which is offered every 5-7 years at The Summit Lighthouse Headquarters in Montana.

To see a list of upcoming seminars, visit: <https://summituniversity.org/seminars/>

Online Courses on Psychology

Summit University offers two courses on spiritual psychology designed to help the earnest student on the path better understand ascended master psychology. If you are serious about learning more about your psychology, we recommend these two transformative courses, which are available to take for credit (with assignments and grades) or for audit (no assignments/grades) or group audit (study in a group with no assignments/grades).

PSYS 1201 Spiritual Psychology 1

This course is designed to introduce students to the ascended masters' teachings on the psychology of the soul interwoven with the foundational principles of the Psychology of Psychosynthesis developed by Roberto Assagioli, an Italian psychiatrist.

The esoteric roots of psychosynthesis make it the perfect complement to the study of *Advanced Studies of Understanding Yourself* brought forth by Ascended Masters Kuthumi, Lanto and Meru through their Messengers Mark L. Prophet and Elizabeth Clare Prophet.

Students will delve deeply into their personal psychology, practice transformative techniques and discover powerful keys to assist them on their path of self-discovery. This course is the missing link between worldly psychology and a spiritual awareness of the Higher Self.

This course has an emphasis on reading and dialoging in forums. Students will also submit a midterm paper and sit for a final exam.

Learn more here: <http://SummitUniversity.org/coursecatalog/PSYS1201>

PSYS 2201 Spiritual Psychology 2

This course introduces students to the entire spectrum of the human consciousness from embodied evil to the soul's inner bonding to the Higher Self. Students will take an in-depth look at the not-self and the nature of evil people by reviewing case studies from Dr. Scott Peck's book, *People of the Lie: The Hope for Healing Human Evil*, as well as delve into the ascended masters' teachings on the psychology of evil to understand how it manifests through the carnal mind and the ego.

Students will also study the concepts and apply the techniques of inner bonding as taught by the ascended masters and complemented by the book *Healing Your Aloneness: Finding Love and Wholeness Through Your Inner Child* by Erika J. Chopick and Margaret Paul.

This course has an emphasis on reading and engaging in transformative exercises. Students will also submit a midterm paper and sit for a final exam.

Learn more here: <http://SummitUniversity.org/coursecatalog/PSYS2201>